



Sir Tom Finney Community High School

Lancashire's Multi Agency Early Help Strategy



Early help is about minimising the impact of problems for any Lancashire children by working together with families to provide support at the earliest possible stage.

It is about empowering families, professionals from all sectors and local communities to work collaboratively in order to make Lancashire the best place to live, work, visit and prosper.

It is about getting the right help to the right person at the right time

Early Help is aimed at supporting families through challenging times which may include

- Carers
- Bereavement
- SEND
- Victim support
- Drugs/alcohol
- Family mediation
- Food banks
- Health and wellbeing
- Mental health

Contact the Designated Safeguarding Leads in school if you feel your family would benefit from Early Help. An early help assessment can help to identify needs and signpost to support available.

More information can be found on the Lancashire county council website;

[Early Help Assessment - information for professionals - Lancashire County Council](#)

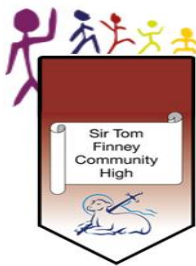
Below are some contacts you may find useful.

Bereavement

Name	Phone number	Website/ email
Lancashire Teaching Hospitals NHS Trust	01772 528400 / 523730	: https://www.lancsteachinghospitals.nhs.uk/bsg/bereavement@lthtr.nhs.uk

Carers

Name	Phone number	Website/ email
Barnardos	01772 629470	http://www.lancashire.gov.uk/children-education-families/childcare-and-family-support/family-information-service
Lancashire Carers	03450 138 208	https://www.n-compass.org.uk/our-services/carers/the-lancashire-carers-service
Carers UK	020 7378 4999	https://www.carersuk.org/Home



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Disabilities/ SEND

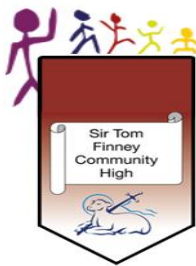
Name	Phone number	Website/ email
Educational Support (SEND) Team	01772 225328	SEND Local Offer Directory (lancashire.gov.uk)
ADHD Northwest	01254 886886	Home www.adhdnorthwest.org.uk
Family Fund	01904 550055	Family Fund
ICANN Advocacy Service	01772 900253	ICANN Help in Preston
SEND IASS	0300 123 6706	SENDIAS Home - Lancashire SEND (lancssendias.org.uk)
Find	01772 538077	https://find.lancashire.gov.uk/ find@lancashire.gov.uk
Lancashire Independent Living Services	01772 558863	http://disability-equality.org.uk/services/lils/

Victim support/ DA

Name	Phone number	Website/ email
Lancashire Victim Support	0300 323 0085	Lancashire Victim Services - Lancashire Victim Services
Nest	03001110323	Nest Lancashire - Supporting young victims
National Domestic Violence Helpline	0808 2000247	www.nationaldomesticviolencehelpline.org.uk
Samaritans	08457 909090	www.samaritans.org.uk
Shelter	0808 8004444	www.shelter.org.uk

Drugs/ alcohol

Name	Phone number	Website/ email
Inspire	08081 698 673	Inspire-CGL Central/North Lancashire
<u>Addiction Help Preston</u>	<u>0808 278 9885 / 0203 131 6690</u>	
We Are With You	01772 281495	www.wearewithyou.org.uk



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LCC Drink and Drugs	0800 917 8282	https://www.lancashire.gov.uk/youthzone/need-to-know/drink-and-drugs/
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Family mediation

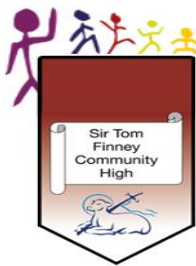
Name	Phone number	Website/ email
Family Mediation		UK Family Mediation Service Preston - Local Mediators

Food banks

Name	Phone number	Website/ email
Noor Food Bank	07921 887383/07764 432643	hello@noorfoodbank.co.uk
New Day Church	01772 461454 or 07928 335679	foodbank@newdaychurch.uk
Salvation Army	01772 555425	info.sapreston@gmail.com
Luv Preston	01772 298107	contact@luvpreston.com
Living Waters (Chorley)	07889 757045.	storehouse@lwchurch.uk
COTTAM SOCIETY OF ST VINCENT DE PAUL	cottamsvp@outlook.com	https://www.standrewscottam.org.uk/svpnew/
PRESTON COMMUNITY HUB	07517 339887	foodbank@prestoncommunity.co.uk
CHURCHES TOGETHER IN PENWORTHAM	01772 821949	penworthamfoodbank@gmail.com

Health and wellbeing

Name	Phone number	Website/ email
The intact Centre	01772 760760	Info@intact-preston.org.uk
Central Lancashire Haven	0330008367 2	centrallancashirehaven@richmondfellowship.org.uk Website: https://www.facebook.com/RFHavenLancs/
Name	Phone number	Website/ email
Continence Service	01772 777480	https://www.lscft.nhs.uk/continence



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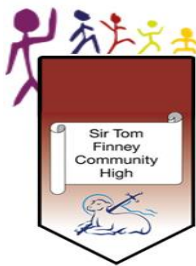


Enuresis	01772 522939	https://www.lancsteachinghospitals.nhs.uk/enuresis-continence-service
Dental Services		https://www.lscft.nhs.uk/Dental-Services
General Paediatrics	01772 522972	https://www.lancsteachinghospitals.nhs.uk/general-paediatrics-local-offer
Mobility Rehab		https://www.lancsteachinghospitals.nhs.uk/smrc
CAMHS	01257 644644	https://www.lscft.nhs.uk/CAMHS
Children's Complex Needs Nursing	01282 628 422 or 0177 2 215 169	https://www.lscft.nhs.uk/ccnn complex.nursing@lancashirecare.nhs.uk
Community Paediatrics	01772 621062	https://www.lancsteachinghospitals.nhs.uk/community-paediatric-service
Children's Physio	01772 644498	https://www.lscft.nhs.uk/citns-childrens-physiotherapy
Occupational Therapy	01772 644498	https://www.lscft.nhs.uk/citns-ot
School nursing	0300 247 0040	https://lancsyoungeoplefamilyservice.co.uk/school-nursing/
Speech and Language Therapy	01772 644512	https://www.lscft.nhs.uk/citns-slt
My Place	01772 872007	myplace@lancswt.org.uk
Watch us Grow		Oh.watchusgrow@gmail.com

Mental health

Name	Phone number	Website/ email
Happy Daze Mens MH group	01772 416417	Happy Daze - OUR Lancashire
Lancashire Recovery College		Lancashire and South Cumbria NHS Foundation Trust Lancashire Recovery College (lscft.nhs.uk)
Lets Grow		Health and Wellbeing Help in Preston
We Are Rethink Mental Illness	0808 801 0525	https://www.rethink.org/

Talk Zone



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Name	Phone number	Website/ email
Talk Zone Lancashire	07786 51 11 11 0800 51 11 11	talkzone@lancashire.gov.uk https://www.lancashire.gov.uk/youthzone/

Victim Support

Name	Phone number	Website/ email
Lancashire Victim Services		Lancashire Victim Services - Lancashire Victim Services
Nest	0300 111 0323	Nest Lancashire - Supporting young victims

Volunteer Services

Youth Support

Name	Phone number	Website/ email
Lancashire and South Cumbria Healthy Young Minds	01772 644644	https://www.healthyyoungminds!sc.co.uk/home CAMHSCPS.Central@lancashirecare.nhs.uk
Kooth	Online	www.kooth.com
Young Minds		https://www.youngminds.org.uk/
NSPCC	0808 800 5000 0800 1111	www.nspcc.org.uk
CAMHS resources		https://www.camhs-resources.co.uk/
The Mix – under 25's	0808 8084994	www.themix.org.uk
Papyrus	0800 0684141	https://www.papyrus-uk.org/
Key charity	01772 678979	http://www.keycharity.org.uk/
Invest in Youth Programme	07860 839313	shirley.blackledge@groundwork.org.uk
Chorley Inspire Youth Zone	01257 228888	https://www.inspireyouthzone.org/contact-us/
Muslim Youth Helpline	0808 808 2008	https://myh.org.uk/
Chorley Sea Cadets	01257 231153	www.sea-cadets.org/chorley