

Be Internet Legends.



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BE Internet Legends: Activity 1

Online safety activities for the whole family

The Be Internet Legends programme is designed to teach your child the skills they need to stay safe and have a positive time online.

The fun family activities in this booklet are based around the Internet Legends code:

Think Before you Share Knowing what's OK to share on the internet and what's not

Think Before you Share: Family Activity

Children love sharing things online, from pics of their cat to a funny video they want all their friends to see. The trouble is, younger children sometimes don't understand that what they post online can still be seen by someone far into the future, or that some things are best kept private.

This activity will help you to guide your child through what's OK to share and what's not.

'Thumbs up, thumbs down, thumbs middle'

Read each scenario out loud. Ask each family member to give a thumbs up if they think it is OK to share. A thumbs down if it is not OK to share. A thumbs middle if it depends. Each time ask one person to explain their choice to the rest of the family.

1. Sharing a picture on social media of your best friend pulling a silly face.

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2. Sharing a video because you think it is funny, but it turns out people find the joke mean and someone gets upset.
 3. A stranger in an online gaming chat forum asks for your mobile phone number and home address.
 4. Your best friend is coming over for a sleepover but has forgotten your home address, so they message you and ask for it.
 5. You have accidentally shared too much information that was personal with a stranger and now you are worried about it. Should you tell someone?
 6. Sharing a funny cat video in a friends' chat group.
 7. Posting a photo of yourself online in school uniform with the school logo and name showing.
 8. Posting your home address in a messaging group with people that you've never met in person.
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Quick guide

Scenario 1: Children sometimes don't realise that what they find amusing might be embarrassing or even upsetting for their friend. Remind them to always check before sharing a photo/video of others.



Scenario 2: Remind your child that some things might upset another child, especially if that child is younger than them. Encourage them to think about the contents of a video and whether sharing it could offend or upset others.



Scenario 3: It is possible to disable the chat function on online games. Check your child knows that it is easy to block and report people who are harassing them or sending inappropriate messages.



Scenario 4: In this scenario they already know the person and have arranged a sleepover. Friends will need to know the address. Remind your child about safe ways to share personal information. For example, they could ask you to call their friend's parents.

Scenario 5: Remind your child to come to you or another trusted adult if anything goes wrong so you can act quickly. You can help them to block, delete and report other users.



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Scenario 6: Talk to your child about things that are OK to share, e.g. a funny, non-offensive video of a cat sent to friends. Encouraging good behaviour online is really important. Using technology positively is one of the things that can keep children safer.



Scenario 7: A school logo could reveal where your child goes to school. It is best to ensure the logo and school name cannot be seen before sharing this kind of photo. This is a good opportunity to talk to your child about accidental sharing.



Scenario 8: Remind your child that there are better ways to share your home address if someone really needs it. See Scenario 4.



Now play the Interland game together. Visit Mindful Mountain where information travels at the speed of light and there's an Oversharer among the Internauts you know...

Open a web browser on your desktop or mobile device (e.g., tablet), and visit g.co/MindfulMountain

LOOK out for activity 2, coming soon

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